

*A very special "thank you"
is extended to you from the Ryan Family
for your love and support.
Please join us at the Elks Home of Quincy,
254 Quarry Street,
following the funeral,
so we may personally thank you for being a part of
our mother's very good life.*

BLESSED ARE THE SORROWFUL

In the Process of Grief... They Shall Be Healed

And what does it mean to mourn? I asked the multitude, and an elder stepped forward. To mourn, he said is to be given a second heart. It is to care so deeply that you show your ache in person.

To mourn is to not be ashamed of the tears. It is to be broken, to be built up and to be healed all in the same moment.

Blessed are you if you can minister to others with an understanding of your own broken being. Blessed are you if you have a heart that feels, a heart that hurts and a heart that loves. And blessed are you if you can minister to others with a heart that serves—and a heart that sees the need before it's spoken.

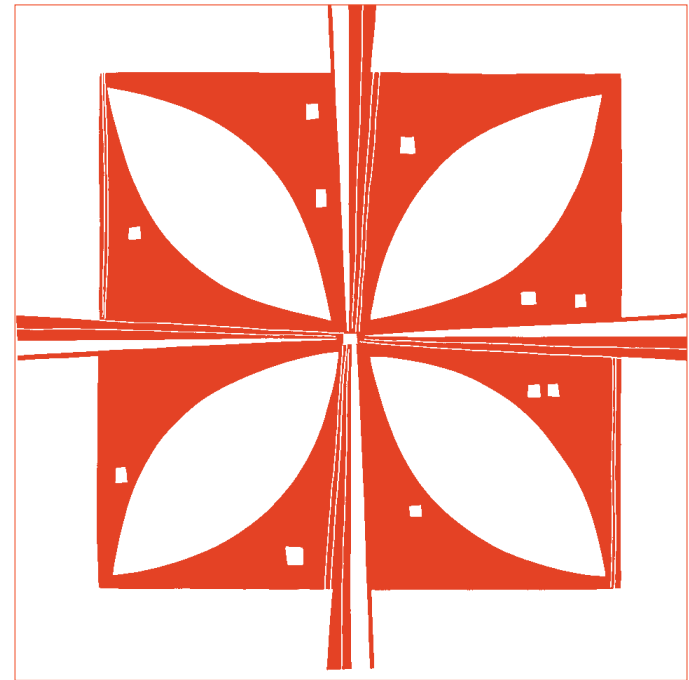
To mourn is to forget yourself for a moment and to get lost in someone else's pain—and then to find yourself in the very act of getting lost.

To mourn is to be an expert in the miracle of being careful with another's pain. It is to be full of willingness of forever reaching out to and picking up and holding carefully those who hurt.

To mourn is to sing with the dying and to be healed by the song and by the death. To mourn is to move forward and to look back.

To mourn is to say YES!

We live not for ourselves.
We die not for ourselves.
We live and we die for God our Lord,
to Him we belong.



Mass of Christian Burial
for
Phyllis A. Ryan

9 January 2006

Sacred Heart Parish
North Quincy, Massachusetts

Gathering Rite

Prelude:	Ave Maria	
Greeting of the Body and Mourners		STAND
Placing of the Pall		
Opening Song:	#686 Here I Am, Lord	
Opening Prayer		

Liturgy of the Word

Old Testament Reading:	Proverbs 31:10-13,19-20,30-31 <i>proclaimed by Caitlyn Dow, granddaughter</i>	SIT
Psalms 91:	#611 On Eagle's Wings	
New Testament Reading:	1 John 3:1-2 <i>proclaimed by Tommy Dow, grandson</i>	
Gospel Acclamation:	<i>repeat after the cantor</i>	STAND
Gospel Proclamation	John 14:1-6	
Homily		SIT
General Intercessions:	Lord, hear our prayer <i>intentions announced by Tish Fernandez, special friend</i>	STAND



Liturgy of the Eucharist

Preparation of the Gifts:	#782 Hail Mary: Gentle Woman <i>The gifts of bread and wine are presented by Tom Dow, son-in-law and Meg Ryan, daughter-in-law</i>	SIT
Eucharistic Prayer:	#228-231 acclamations from <i>A Community Mass</i>	KNEEL
The Lord's Prayer		STAND
Breaking of the Bread:	Lamb of God...	
Communion Songs:	#504 I Have Loved You #649 You Are Mine	STAND
Communion Thanksgiving		SIT
Prayer after Communion		STAND
Family Remembrance		SIT
<h2>Final Commendation</h2>		
Invitation to Prayer		STAND
Silent Prayer		
Song of Farewell:	#859 The Hand of God Shall Hold You	
Prayer of Commendation		
Procession to the Place of Committal:	#494 How Great Thou Art #612 Amazing Grace	